

## **Senior Citizen Food Distribution**

The Commodity Supplemental Food Program (CSFP), a part of the Toledo Seagate Foodbank of NW Ohio, is a program to provide nutritious food to seniors who are at least 60 years of age. To be eligible, income for a household of one must be less than \$1180 per month. For a household of two, the amount is \$1580 monthly. Money paid for medical or prescription insurance should be deducted from total income to determine eligibility. If both members of a household are 60 years of age or older, both may fill out an application. Persons who participate in the Government Food Distribution may sign up for the CSFP as well.

Each month the CSFP provides a 30-40 pound food package which contains a combination of the following items: fruit juices, canned fruits and vegetables, unsweetened cereal, pastas, evaporated and dry milk, cheese, canned meat, dry beans and peanut butter. Distribution for Deshler and Hamler residents takes place the fourth Wednesday of each month from 6:30 to 7:30pm at Immanuel Lutheran Church in Deshler. You may park in the rear and someone will assist you in loading the box into your vehicle.

Applications for the program are available at the Deshler Satellite of the Henry County Senior Center located at Immanuel Lutheran Church or at The Senior Center in Napoleon. If an application is received and approved at the Napoleon office by the Tuesday before the distribution, a box will be available for pick-up at the church the following day. For more information, call Sandy Blackwood of the Senior Center at 419-599-5515.